

Men's Representative Team

Program Summary

The Hong Kong Men's Senior Representative Team will be holding a try-out for the team for the 2022-2023 season.

Player Requirements:

- Players must be a minimum of 16 years old.
- Players must meet at least one of the following requirements:
 1. Holder of a permanent HKSAR ID card or HKSAR passport, or;
 2. Have one or both parents, adoptive parents or step-parents born in Hong Kong or;
 3. Have one or more birth or adoptive grandparents born in Hong Kong or;
 4. Minimum of a two-year residency period in Hong Kong within the last five (5) years,
- Players must be members of HKLA and are prepared to dedicate time and effort to the team.
- Players will be required to participate in AT LEAST 1 "community involvement" activities helping to support and develop lacrosse within our community.
- All players must have fully completed their COVID-19 vaccination as per government vaccine pass requirements to try-out.

Try-out Dates:

12/13 November 2022 (Saturday/Sunday) 09:00-19:00
Hong Kong Lacrosse Sixes Invitation Tournament 2022
HKU Sandy Bay: Sha Wan Dr, Pok Fu Lam

17 November 2022 (Thursday) 20:00-21:30 Practice
Quarry Bay Park Phase 2: 28 Hoi Chak Street

20 November 2022 (Sunday) 20:00-22:00 Practice
King George V School: 2 Tin Kwong Road

Notes:

- 1) Players are required to attend all sessions.
- 2) Players must bring their own reversible pinnies and wear the same one for all try-out dates.

Registrations deadline: **1st November 2022**

Sign up to be completed online at www.hklax.org

All paid up fee will be non-refundable upon registration (or application) and payment has been confirmed.

All un-selected players will be automatically entered into HPP try-outs without additional try-out fees.

All players must have completed their COVID-19 vaccination course to try-out

Program Details:

- On field trainings will be held on Tuesday, Thursday and Sunday evenings
- S&C sessions will be held on Monday and Wednesday evenings

- Players not selected to the Programme will be recommended to try-out for the High Performance Programme
- If you are unavailable to attend the try-outs with a valid reason, please contact Coach Jordan Wong by jwong@hklax.org
- Players will be notified of any schedule changes accordingly.
- 30-35 players will be selected as the Representative Team Squad.
- For a copy of the selection policy, please visit www.hklax.org

Costs

- Try-out Fee \$250HKD (Non-refundable)
- Once selected, the program fee will be \$2000 plus an elite athlete's fee of \$2000 for the season collected by 2 instalments. (Non-refundable)
- Team tournament and trip fees will be communicated to players prior to the tournaments.

Program Schedule:

November 2022 to June 2023 (tentatively)

Monday evening: S&C Training HKLA Gym (North Point)

Tuesday: 20:00-21:30 Kellett School (regular session in the New Year)

Wednesday evening: S&C Training HKLA Gym (North Point)

Thursday: 20:00-21:30 Quarry Bay

Sunday: 20:00-22:00 KGV

Tentative Local and International Tournament Schedule:

Dec 15-18, 2022 Staycation Training Camp, Hong Kong

Jan 2023 ALA Southern Crosse Tournament Melbourne (AUS)

Mar 16-19, 2023 Okinawa Open (JPN)

Apr 7-10, 2023 HK Open

Jun 2023 USA/CAN West Coast Training

Jun 21- Jul1, 2023 World Championships San Diego (USA)

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Contact Person:

Coach Jordan Wong

jwong@hklax.org